One of the first steps in getting un-Strapped is to examine your current financial situation. Use this packet to organize your bank statement. Be sure every transaction, debit and credit, makes its way in one of the categories in this packet.

INCOME			
deposits			
Date/Description	Amount		
Total			

Total

Per	CQ	nta		96
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Complete this section after you have finished getting totals for all of the categories. Percentages here will help you create a healthy budget.

		%
Charitable Total	x 100 ÷ Total Income =	
Clothing Total	x 100 ÷ Total Income =	
Debts Total	x 100 ÷ Total Income =	
Food Total	x 100 ÷ Total Income =	
Housing Total	x 100 ÷ Total Income =	
Insurance Total	x 100 ÷ Total Income =	
Medical/Health Total	x 100 ÷ Total Income =	
Personal Total	x 100 ÷ Total Income =	
Recreation Total	x 100 ÷ Total Income =	
Savings Total	x 100 ÷ Total Income =	
Transportation Total	x 100 ÷ Total Income =	
Utilities Total	x 100 ÷ Total Income =	

Charitable		Housing	
Church • non	Amount	mortgage • taxes • rep Date/Description	Amount
Total		Total	
Savin			
		Utiliti electricity • water • tr	
emergency • retiren		electricity • water • transport of the control of t	
emergency • retiren	nent • college	electricity • water • tr	ash • phone • tv
emergency • retiren	nent • college	electricity • water • tr	ash • phone • tv
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emergency • retiren	nent • college	electricity • water • tr	ash • phone • tv
emergency • retiren	nent • college	electricity • water • tr	ash • phone • tv

Clothing adults • children • dry-cleaning		Debts auto • credit card • school	
Date/Description	Amount		Amount
Total		Total	

Food		Insurance	
grocery • rest		home • auto • health	
	Amount	Date/Description	
Total		Total	

Medical/Health Persona		 nal	
doctors • medications		OTHER • child care • toiletries • pet supplies	
Date/Description	Amount	Date/Description	Amount
		-	
	-		
	-		-
			-
Total		Total	

Recreation		Transportation gas • maintenance • license • taxes	
entertainment • vacation		gas • maintenance • license • taxes	
Date/Description	Amount	Date/Description	Amount
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Total		Total	